

Jean Klein: Dialogue (November 1992)

[Jean Klein]: Good. Those moments of de-perception between God and the mystery... those moments are often considered as an absence of activity, as an absence of thought. But it is precisely in that absence of thought where Presence is found. A single presence. When a thought ends and you introduce perception, there is Life. There are many expectations of "being ready," but there is another dimension. The mind should be like a mirror.

[Interlocutor]: I feel that during that state I totally forget about myself and only the learning remains.

[Jean Klein]: That's right. You learn not to be a desired object, but to simply "be." Absence is the best presence. You can detect that presence as soon as you become aware of it. Letting yourself be is the best.

[Interlocutor]: But openness... that is learned, right?

[Jean Klein]: Openness is learned. It means learning to be "easier," to be there at the moment when one should be there. But the will works against the disappearance of the mind. As soon as you have a little breath, you look for something, you want to grab something.

[Interlocutor]: Today I understood what you said and I felt flooded. But then I felt I needed to relaunch that, to formulate it, almost to reinvent that moment so as not to lose it.

[Jean Klein]: That's because we want to appropriate the moment. When there is a great competition to question or retain... it's strange. But that presence is the background of life, eternal life. Everything else is manifestations. Both the thinker and the thought are CONTAINED in that presence.

[Interlocutor]: So this personality is nothing more than a conditioning to navigate in the world.

[Jean Klein]: When we are free of that reflex of identity, everything is fine. I no longer relate through the personality. It is a direct look, an understanding of the rules of the game. It is a non-objective, spontaneous look. The important thing is to

see if one really lives it.

[Interlocutor]: Does that love you speak of come through right vision?

[Jean Klein]: Nothing can be forced. It is a true state, not a manufactured feeling.

[Interlocutor]: There is talk of a strategy or practice for seekers.

[Jean Klein]: If you ask yourself the question with sincerity, something opens. It is not a passive abandonment; it is an "active abandonment." Search, search! Where is that "I"? Where is the source?

It requires a certain maturity. There is a risk in maintaining the fixed idea of the "seeker," because it becomes a hunt for forms. But in the end, you let yourself be found. The seeker and the sought are the same.

One must realize that the vision concretizes by itself. It is the motivation fulfilled. Live with the question. The answer is at the heart of the question.

Thank you very much everyone. Good night.